

# Kevin G. Brady

- Rhode Island native and resident.
- US Army Veteran, 63<sup>rd</sup> Signal Battalion.
   Foreign service in a combat environment:
   "Operation Restore Hope", Mogadishu,
   Somalia, 1993. Honorably discharged.
- BA, Interdisciplinary Studies, thesis "Trauma and Identity", New College of California, 2005.
- Traumatic Incident Reduction study with Gerald French (co-author "Traumatic Incident Reduction").
- Life Stress Reduction study with Marian Volkman, author and President, Applied Metapsychology International.
- History of work with clients from all walks of life.

#### Rate Schedule

- \$90 per Individual Session.
- Morning and afternoon sessions available.
- Weekends and evenings by special arrangement.

Call or e-mail Clear Objectives for details about Intensive Retreat scheduling and prices.

Travel reimbursement will be required for sessions outside a 30 mile radius of the 02852 zip code.



Kevin G. Brady Facilitator 401-626-6776

clearobjectives@verizon.net

http://www.clear-objectives.com

Clear Objectives is not a psychological, psychiatric or medical practice. Facilitation techniques rooted in Metapsychology are used to provide clients with stress reduction and resolution of issues stemming from past traumatic events.



Find resolution, release, and renewed sense of purpose.



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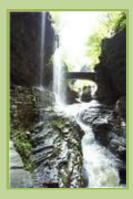
Metapsychology Facilitator

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# Clear Objectives

Client-centered, holistic, metapsychology-based programs of trauma resolution and self-discovery.



What Unresolved Issues Are Creating

Stress and Preventing You From

Living Your Life To Its Fullest?

- ~ Find Resolution ~
- ~ Achieve Release ~
- ~ Experience Renewal ~

Metapsychology was developed by renowned non-conformist psychiatrist Dr. Frank A. Gerbode.

Standards for training are set and maintained by Applied Metapsychology International (AMI).

Begin with a relaxed, individual interview.

You choose a program to meet your needs.

#### Trauma Resolution

Overwhelming experiences can impact quality of life immediately or may be triggered later in life.

- Guided, unhurried and thorough review of traumatic experiences.
- You are the expert on your experience: your facilitator will be there to help you move beyond unresolved issues.

#### **Stress Reduction**

Everyone's life and circumstances are unique. Reactions to these circumstances result in stress.

- Your choices and focus determine the order in which concerns are addressed.
- Can bring considerable relief from issues *currently* disturbing you.

# **Objectives Mapping**

Without coordination, life can become a series of reactions and course changes. Clarifying major milestones helps generate realistic plans of action, including well-defined, achievable steps.

- Review past goals.
- Discover and renew purpose.
- Develop realistic plans.
- Periodic review will keep you on track.

#### ~ Individual Sessions ~

- Open-ended session length
- Home office or client-specified location

#### ~ Intensive Retreats ~

- Multiple sessions, back-to-back
- Resolve one issue or several
- Reduce influence of everyday life between sessions

## ~ Flexible Ongoing Support ~

- Scheduled at client request
- Night-time hours available

## ~ Speaking Engagements ~

- Informative and inspiring
- Question and answer sessions
- Small or large groups

# Offering Support While You Clear Your Own Path



Photo Credit: Pete Griffiths